## ROUND 3 INTERVIEW October 29, 2022

#### **SEAMUS POWER (-18)**



### Q. Seamus, how would you characterize that round today especially with the very difficult weather conditions out there?

**SEAMUS POWER:** Yeah, I mean, I'm very pleased with that. Did a lot of good things, putted really nicely. And I'm kind of -- you know, proud of yourself sounds funny, but having that double bogey kind of to start a tough stretch and I was able to hang in there and actually get them back, so that was a huge bonus.

But yeah, it was tough going out there. You knew you had to make your score in the first 11 or 12 and then kind of hold on for dear life, and I was able to do that for the most part. as I said, very pleased.

## Q. When you started the round, would you have seen 6 under par with how windy it was?

**SEAMUS POWER:** The greens are softer this year so you do have a chance, but even still, like you don't have much margin for error. I made some nice putts. You had to get the par 5s. I got two out of the three and then add in a few putts. But 6 under, you knew it was going to be tough because as I said, once you get to 13, 13 through 16 there's just very, very difficult. I mean, I hit some good shots. Even on 13 I thought I hit a very good 4-iron, but like the ball's in the air off the elevated tee and just keeps moving and moving and misses on the short side and you make a double.

Even on I think 15 I had a pitch shot that kind of summed it up. I ended up in a funny spot off the tee, I had like 50 yards for a pitch shot and I aimed my pitch shot about 10 yards left of the pin and ended up right of the pin. It was just one of those kind of days, your imagination had to keep working. Your focus and trust had to be there and mine was for the most part.

Q. Seamus, the young man chasing you, I think he's still right behind you, he kind of quit the game before he really started and now he's back. Just curious, how many times did you ever think of quitting, or did you, and what does it say about the game?

**SEAMUS POWER:** Look, it's a tough game and look, it's an individual sport and individual sports have their ups and downs. When it's going well, it's great, but when it's going against you, it's tough.

But I've always loved the game. I love kind of competing, trying to figure it out. You have some low points, absolutely. Stretches you just feel like making a cut is just an absolute achievement, but I think that's what makes it such a fun game. It's days like today where



things go your way and that makes up for those days.

I've never come to that point, but I can certainly see and I've known guys, I played mini tours for four years and I had players I saw much better than me and just ups and downs are tough going. It's not for everyone. As I said, I'm kind of lucky enough. You can just try to stay optimistic and remember the good times because you have plenty of those, but it's easy to get stuck on the downside.

### Q. And then you've got guys like Baddeley and Brian Gay who will probably never retire.

**SEAMUS POWER:** No, I mean, look, they've had unbelievable careers. I think Brian's over 50. Is he over 50? Yeah, he's going to have a great career on the Champions Tour. He's been on the PGA TOUR for 25, 26 or something years like and it's an incredible career. And same with Aaron.

Those guys, they've kind of earned a right to kind of whatever they're going to get out of it now is going to be a bonus I feel like. Aaron's another guy, I mean, he's got a few years left before Champions Tour, but whenever he gets there, I'd say he's going to clean up the way he putts it.

# Q. When you earned your first victory on Tour, what kind of validation was that? You kind of talk about all the hard work and the blood, sweat and tears going through?

**SEAMUS POWER:** Look, to me the coolest thing was we always -- all the sport psychologist in everything you talk, you've got to believe you can win. You do convince yourself, but to actually have it, it's written down there, you're a PGA Tour champion and it's something you'll always be able to say, that's one of the coolest things and that's something no matter what, even if you have a bad stretch, you know your best golf is good enough to win. That's a very comforting and kind of confident feeling that you have in your back pocket and it's something I've relied on even since. Having some bad stretches, but you know once you get turned around, you can win again because you've shown it, you've put it on paper.

#### Q. Has it been more difficult picking up the first win or chasing that second one?

**SEAMUS POWER:** It's hard to tell. I think winning's always going to be difficult. It's just some of the thoughts that will cross your mind even I'm sure tonight and tomorrow, but that's where some of your practice and your training comes in, when you know what to do when those thoughts do come.

I honestly don't know. Anytime down the stretch in that playoff when I won, they're tough times, so many thoughts just creep through your mind and that. It's about just doing what you can kind of control and make good swings whenever you can.

#### Q. Will some of those good thoughts you had when you won kind of creep in your



### head tomorrow when you're in maybe some tough spots?

**SEAMUS POWER:** Yeah, absolutely. I hit some great shots under pressure in Kentucky last summer and it's something -- been in a lot of difficult spots since, just close your eyes and just picture some of those shots. It just helps because, again, you're under trying circumstances, under pressure and you're able to pull off some shots. So I'm going to have some moments like that tomorrow and that's something I'm definitely going to lean on.

